

BARRES

THE ART OF MOVEMENT

060 786 8557
 www.barres.co.za
 hello@barres.co.za

Top Floor, Westlake Lifestyle Centre

Time	Monday	Tuesday	Wednesday	Thursday	Friday
09h00	Barre Fit			Barre Fit	
09H50		Contemporary (Adults 18+ yrs)		Tap (Adults 18+ yrs)	
13h00					
13h30	Pre-school Acrobatics			Pre-school Hip Hop	
14h00				Contemporary (6-9 yrs)	
14h40				Contemporary (7-12 yrs)	
15h20			Acrobatics Sport class	Hip Hop (7 - 12 yrs)	
16h00	Contemporary (6-9 yrs)		Tap open 1 juniors	Acrobatics (7-12 yrs)	
16h40	Contemporary (7-12 yrs)		Tap open 2 seniors	Acrobatics (13+ yrs)	
17h30	Hip Hop (Adults 18+ yrs)		Barre Fit	Contemporary (13+ yrs)	
18h20	Contemporary (Adults 18+ yrs)		Tap (Adults 18+ yrs)	Contemporary (Adults 18+ yrs)	

*All class times are subject to change.